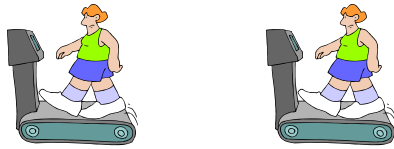


RAINBOW MESSENGER

FEBRUARY, 2005



WALKING: The banquet room will open for walking most weekday mornings at 8:00 a.m. If you walk 25 laps around the room you've walked a mile. The room is climate controlled for your comfort. The day the room will be occupied is: Thursday, February 24th.



FITNESS ROOM: Our fitness room is open from 8 a.m. to 3:45 p.m. for you to use. We ask you to sign-in and out at the receptionists' desk. The fitness room is located in the lower level. We have 2 treadmills, 3 recumbent bicycles, another stationary bike, plus a "Cybex" machine that gives you several different exercises to workout for different areas of the body.



BILLIARDS/POOL: You can enjoy playing pool Monday, Tuesday, Thursday and Friday from 8:00 a.m. to 3:45. We request you not **start your games on Wednesdays until 1:00 p.m.** We have a full size pool table plus a bumper pool table for you to play on. Thanks for your cooperation.



EXERCISE CLASS: Mondays and Thursdays our Exercise Class meets at 9:00 a.m. Our exercises are designed to keep your joints limber. We finish with the "Chicken Dance" and the "Hokey Pokey".

TCE/VITA TAX ASSISTANCE: The local Center's: Older Americans, Huntingburg and Ferdinand will offer income tax assistance for Senior Citizens. Volunteers will be available to file your income taxes by appointment. The following gives each Center's date and time the volunteers will be available. Please call for an appointment first.

OLDER AMERICANS will have volunteers available on **Mondays and Fridays during February.** For appointments call: **482-4455** to make an appointment.

HUNTINGBURG SENIOR CENTER will take appointments for Mondays. To make an appointment call: **683-2994.**

FERDINAND SENIOR CENTER will offer assistance on Tuesdays to file income taxes by appointment. To make an appointment call: **367-2300.**

BIRDSEYE area call: **389-2902** for appointments only.

BE SURE TO BRING: Copy of last year's tax returns (**2003**), all forms – W-2's and 1099's, information for other income, information for all deductions and/or credits. (Basically any form of income.) **Please wait until you have all of your papers before making an appointment.**




FREE COMPUTER ASSISTANCE:

Volunteers will be in the Center's Computer Lab on Wednesdays from 9:00 a.m. to 10:30 a.m. They are here to answer questions and sharpen your computer skills. This will be on a first come first served basis. Would you like to do more on your computer than play games?

Would you like to learn?

- To "Highlight"
- To Create Folders
- To "Copy" and "Paste"
- To "Drag"
- To "Save As"
- To "Save a Photo"
- To Send a Photo by E-Mail
- To Access your E-Mail from any computer

- To use the Google Search Engine on the Internet
- Or anything else you might want to know



MONTE CARLO drew a crowd last month so we've planned it for **Tuesday, February 15th** starting at **1:00 p.m.** For \$1.00 you will receive \$1,000 in "funny money". We will have several games of chance for you to try your luck at. After the games a small auction will be held to spend your "funny money" at. Come out and enjoy the afternoon!!

RAINBOW MESSENGER
FEBRUARY, 2005



MOVIES & POPCORN: This month come in to see "JERSEY GIRL" on **Wednesday, February 16th at 1:00 p.m.** "JERSEY GIRL" stars Kevin Smith, Ben Affleck, Raquel Castrol and Liv Tyler. This comedy is about a "hotshot New York music promoter as it takes an unlikely turn towards the domestic when he is forced to raise his daughter alone."* Complications ensue when an attractive video store clerk enters their lives. Come in to see what happens.

* Found on Moviefone.com

LUNCH OUT: February's Lunch Out will be at the Jumbo Dragon in Jasper on **Monday, February 7th at 11:00 a.m.** As always it will be dutch treat. You can either get the buffet or order from a menu. They have both American and Chinese on their buffet. Call the Center by **12:00 noon on Friday, February 4th** to make your reservation. The phone number is: 482-4455.

CATERED MEAL: Join us for our catered meal on **Monday, February 21st at 12:00 noon** at the Arnold F. Habig Community Center. The Schnitzelbank will cater the meal. The menu is: Smoked Pork Chop, Schnitzelbank Potato Casserole, Green Beans, Glazed Baby Carrots, Tossed Salad w/Dressing, Biscuits and Apple Butter and Decaf Coffee or Iced Tea. Cost of the meal is \$8.00 payable the day of the meal. Reservations are due by **12:00 noon on Monday, February 14th.**



QUILTING BEE'S: We will hold the February quilting bees on **Monday, February 14th and February 28th.** Our quilting bees run from 9:00 a.m. to 3:00 p.m.

All quilters are invited. The Center will provide lunch for all quilters. Hope you can attend, every stitch counts!!



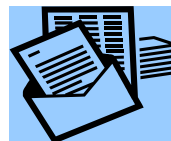
LINE DANCE CLASSES: Come join the fun at the Arnold F. Habig Community Center on Wednesday evenings. Line Dancing Classes instructed by LaVerne Lechner, run from 6:00 – 7:30 p.m. every Wednesday evening for Dubois County Senior Citizens 55 years and older. They are designed for beginners. All persons attending should wear tennis shoes. Class sessions will cost \$3.00 per dancer, payable each session. For more information call 482-4455. Hope to see you there!!

CITY WEB SITE: The City of Jasper has a new web site. It is: www.jasperindiana.gov. You will then be in the home page. To be able to pull up our Monthly Calendar click on:

- City Departments
- Click - Park & Recreation
- Click - Older American

Then put curser on Older American Activities and you will have three (3) choices to pick from.

Also: on the Home Page go to City Calendar and click on Senior Activities and that will give the month of events for the Older Americans. If you have any questions, please feel free to call us at: 482-4455 and we will be more than happy to help you. Welcome to the new Web Site.



2005 NEWSLETTER: There is still time to sign-up for the 2005 Rainbow Messenger Newsletter mailed to you each month. Please be sure to have your correct name and address. The cost is still \$5.50. Make checks payable to: **Older Americans, 1301 St. Charles Street, Jasper, IN 47546.** You can still pick-up the Newsletters at the Center, Huntingburg and Ferdinand Center's if you prefer.

Next month's newsletter will now be available the last week of this month.

RAINBOW MESSENGER
FEBRUARY, 2005



HAPPY FEBRUARY BIRTHDAYS!

- 1st Leona Nigg
- 2nd Dorothy Mehne
- 3rd Jerome Seger
- 5th Marie Burger
- 6th Rose Fuhs
- 12th Jean Buechler
- 12th Lorena Gutsell-Heritage Park Care
Center-37135 Coleman Ave.
Dade City, FL 33525
- 14th Veronica Kress
- 15th Bob Meyer
- 17th Clea Jackle-St. Charles Health
Campus
- 19th Alberta Weyer
- 22nd Mary C. Burger
- 23rd Bob Stemle
- 26th Sally Mundy-Brookside Village
- 26th Betty Wineinger

AARP NEWS: The Dubois County Chapter will hold their regular meeting on **Wednesday, February 9th** at 1:30 p.m. Legislative Representative, Bernard Krampe, will be the Speaker for the afternoon.

HAPPY FEBRUARY ANNIVERSARIES!



- 1st Mr. & Mrs. Albert August
- 19th Mr. & Mrs. Meleties Weyer